Sexual Health and Aging:

Must-Know Facts About Sexuality in Later Life

FREE LIVE OR ON-DEMAND WEBINAR

Wed., May 15, 2024

10 a.m. PDT | 11 a.m. MDT | 12 Noon CDT | 1 p.m. EDT

People all throughout their lives enjoy sex and intimacy. The elderly are no exception. Join us for a lively workshop where you will discover the rates of sexual activity among adults age 65 and older, current statistics regarding sexually transmitted infections, and recommendations to enhance sexual health while aging. You will examine attitudes about later-life sexuality among older adults, health care professionals, and even yourself. You will learn about the experiences, needs, and resilience factors of LGBTQ older adults, as well as sexual expression in adults with dementia.

Participants in this webinar will be able to:

- Describe rates of sexual activity among adults age 65 and older.
- List current statistics regarding sexually transmitted infections among older adults.
- Examine attitudes about sexuality and aging among older adults, health care professionals, and others.
- Illustrate the experiences, needs, and resilience factors of LGBTQ older adults.

DESIGNED FOR:

Social workers, case managers, care coordinators, nurses, caregivers, and other senior care professionals.

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Dr. Regina Koepp

is a board-certified clinical psychologist, clinical geropsychologist, founder and director of the Center for Mental Health and Aging, and the lead medical psychologist at the University of Vermont Medical Center. She is the creator and host of the "Psychology of Aging" podcast and the creator of the only dementia and sexual health certification program in the United States. She is also a contributing writer for Psychology Today and Psychotherapy Networker.

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