

CASA DE LA LUZ FOUNDATION

2018 ANNUAL REPORT



Exciting News



In 2018, the Foundation welcomed our new Executive Director, Julie Evans, as well as Jennifer Arvizu, Executive Assistant. Along with our volunteer Board of Directors, we look forward to partnering with you, our donors, to make the biggest impact possible in our end of life community.

Your Support

The Foundation received 1,081 donations totaling \$255,041

Your gifts positively impact lives of hospice patients, their loved ones and our community.

Our Vision

In December, our Board conducted a strategic planning session which reaffirmed our vision to **empower hospice patients and their loved ones to transform the end of life experience into the final act of living well.**

To this end, we focus on three mission areas:

- To provide supplemental support for hospice patients and their loved ones
- To educate the community about end of life
- To support research concerning end of life care

Direct Patient and Family Support

88

Hospice patients and their families received items or services not covered by insurance

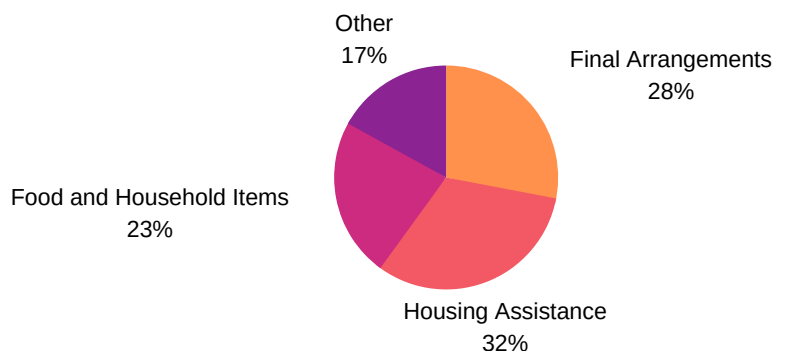
150

Veterans were honored with military service blankets and certificates in reverent ceremonies to thank them for their service to our country

2,150

Individuals grieving the loss of their loved ones received books, memorial candles or other supportive items funded by the Foundation

Percentage of patient requests by category





Community Education



The Foundation is committed to educating the community through its Annual End of Life Conference - exploring topics such as palliative and hospice care, cultural traditions around death, burial practices, and grief.



7,000+
Five Wishes

(an advance care planning tool) were distributed throughout the community

Five Wishes is provided by the Foundation, at no cost, to members of the community as a tool to assist families and caregivers in knowing exactly what their loved one wants, avoiding the difficult position of guessing their wishes.

300
participants attended the Foundation's 19th Annual End of Life Conference

End-of-Life Care Research

The **Casa de la Luz Foundation** supports Casa de la Luz Hospice in its research on **Alternative Therapies for the Management of Agitation in Dementia**

80%
of people with dementia have unwanted behaviors during their disease progression



Anti-psychotics are typically prescribed for patients with agitation, despite research showing that these medications have **negative** side effects

This project decreases patient agitation by incorporating strategies and interventions such as weighted blankets, light therapy, stuffed animals and many other novel tools



If you would like to learn more about the Foundation, please contact us at:

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You can visit our website at www.casafoundation.org

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