CASA DE LA LUZ FOUNDATION
2018 ANNUAL REPORT

To provide supplemental support for hospice patients and their loved ones
To educate the community about end of life
To support research concerning end of life care

To this end, we focus on three mission areas:
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Exciting News
In 2018, the Foundation welcomed our new Executive Director, Julie Evans, as well as Jennifer Arvizu, Executive Assistant. Along with our volunteer Board of Directors, we look forward to partnering with you, our donors, to make the biggest impact possible in our end of life community.

Our Vision
In December, our Board conducted a strategic planning session which reaffirmed our vision to empower hospice patients and their loved ones to transform the end of life experience into the final act of living well.

Your Support
The Foundation received 1,081 donations totaling $255,041

Your gifts positively impact lives of hospice patients, their loved ones and our community.

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Direct Patient and Family Support

<table>
<thead>
<tr>
<th>Category</th>
<th>Requests</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hospice patients and their families received items or services not covered by insurance</td>
<td>88</td>
</tr>
<tr>
<td>Veterans were honored with military service blankets and certificates in reverent ceremonies to thank them for their service to our country</td>
<td>150</td>
</tr>
<tr>
<td>Individuals grieving the loss of their loved ones received books, memorial candles or other supportive items funded by the Foundation</td>
<td>2,150</td>
</tr>
</tbody>
</table>

Percentage of patient requests by category

- Food and Household Items: 23%
- Housing Assistance: 32%
- Final Arrangements: 28%
- Other: 17%
Community Education

The Foundation is committed to educating the community through its Annual End of Life Conference - exploring topics such as palliative and hospice care, cultural traditions around death, burial practices, and grief.

300 participants attended the Foundation’s 19th Annual End of Life Conference

End-of-Life Care Research

The Casa de la Luz Foundation supports Casa de la Luz Hospice in its research on Alternative Therapies for the Management of Agitation in Dementia

80% of people with dementia have unwanted behaviors during their disease progression

Anti-psychotics are typically prescribed for patients with agitation, despite research showing that these medications have negative side effects

This project decreases patient agitation by incorporating strategies and interventions such as weighted blankets, light therapy, stuffed animals and many other novel tools

Five Wishes is provided by the Foundation, at no cost, to members of the community as a tool to assist families and caregivers in knowing exactly what their loved one wants, avoiding the difficult position of guessing their wishes.

7,000+ Five Wishes (an advance care planning tool) were distributed throughout the community

If you would like to learn more about the Foundation, please contact us at:
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You can visit our website at www.casafoundation.org
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